### Coronavirus (COVID-19) Symptoms

Protect Yourself - Protect Your Colleagues

#### **High Temperature**

You may feel hot to touch (on your chest or back)

#### New, Continuous Cough

Coughing a lot for more than an hour 3 or more coughing episodes in 24 hours

IT IS THE RESPONSIBILITY OF EVERY INDIVIDUAL TO IMMEDIATELY INFORM THE COMPANY IF YOU HAVE ANY SYMPTOMS OR IF ANYONE LIVING WITH YOU HAS COVID-19 SYMPTOMS

# Let's Stick Together By Staying Apart





### Using the Canteen Facilities

Wash Your Hands and Wipe-Clean All Work Surfaces

Before, During and After, You Prepare Food Before Eating or Drinking



**Avoid Physical Contact with People** 



Wash your hands with soap and water for at least 20 seconds



Avoid touching your eyes, nose and mouth with unwashed hands





# Let's Stick Together By Staying Apart



**Avoid Physical Contact with People** 



Avoid touching your eyes, nose and mouth with unwashed hands



Wash your hands with soap and water for at least 20 seconds

Use hand sanitiser





#### **Localised Sanitisation Station**



Clean your hands with provided wipes and Hand Sanitiser



Throw cleaning wipes and tissue into closed bin immediately after use



Avoid touching your eyes, nose and mouth with unwashed hands



**Avoid Physical Contact with People** 





#### After You Use the Hand Scanner



Avoid touching your eyes, nose and mouth with unwashed hands



Wash your hands with soap and water for at least 20 seconds



Use a hand sanitiser





### Wash Your Hands

After Using the Toilet
Before Eating
Before During and After You Prepare Food
After Coughing or Sneezing
When Hands are Visibly Dirty



Wash your hands with soap and water for at least 20 seconds



Avoid touching your eyes, nose and mouth with unwashed hands



